

SUPER ROD

Super Rod

General Class Info

- Races on a 9.90 index (6.40 for eighth-mile) using a .400 pro tree.
- Reserved for full-bodied cars (fenders, hood, grille, top, windshield, doors) and left-hand steer roadsters.
- Open-wheel altereds, dragsters, Funny Cars, motorcycles prohibited.
- Minimum weight:
 - 2,100 lbs (with driver).
 - 1,200 lbs for 4-cylinder cars.

Engine Requirements

- Oil Retention Device:
 - IHRA-accepted device or belly pan required.
 - Belly pan must extend frame-to-frame, front of harmonic balancer to rear-engine plate.
 - Must have a 2-inch lip on all sides.
 - Must include a nonflammable oil-absorbent liner.
- Fuel:
 - Nitrous oxide permitted.

Drivetrain Requirements

- Aftermarket Planetary Transmission:
 - Shield meeting SFI Spec 4.1 mandatory for supercharged, turbocharged, or methanol-burning cars.
- Automatic Transmission:
 - Flexplate must meet SFI Spec 29.1.
 - Flexplate shield must meet SFI Spec 30.1.

Brakes & Suspension

- Brakes:
 - Two rear-wheel hydraulic brakes required.

1 | P a g e Revised 06/12/2025

SUPER ROD

- Suspension:
 - Any automotive suspension allowed.
 - Rigid-mount axles okay:
 - Front if wheelbase ≥100 inches.
 - Rear always permitted.
 - Front suspension with beam/tubular axle must have radius rods to frame.
 - No radius rods needed if axle is rigid-mounted ≤18 inches from kingpin.
 - Shock absorbers and rear suspension are optional.

Frame

- Roll Cage:
 - Mandatory and must meet specs for body style used.
 - Vehicles 180+ mph must meet SFI Spec for that body.
- Roll Cage Padding:
 - SFI 45.1 padding required anywhere the helmet might contact the cage.

Interior

- Window Net:
 - Required for all full-bodied cars.
 - Must be ribbon-type or SFI 27.1 mesh-type.

Driver Safety Requirements

- Arm Restraints:
 - Mandatory in open-bodied cars.
 - Credentials:
 - Valid IHRA Super Rod license required.
 - Helmet Requirements:
 - Closed-bodied cars: Full-face helmet, Snell (M2015, M2020, SA2015, SA2020) or FIA (8860-2010, 8859-2015, 8859-2024, 8860-2018).
 - Open-bodied supercharged/turbocharged cars: Same as above, full-face and shield mandatory.
 - Open-bodied naturally aspirated gasoline/methanol: Full-face and shield mandatory; goggles prohibited.
 - Neck Collar:
 - SFI Spec 3.3 neck collar mandatory.

SUPER ROD

- Protective Gear:
 - Jacket & pants: SFI 3.2A/5 or 3.4/5, gloves: SFI 3.3/1 (minimum).
 - For:
 - Supercharged/turbocharged alcoholburning vehicles.
 - Vehicles with auto trans inside driver compartment:
 - Jacket & pants or suit: SFI 3.2A/15.
 - Gloves & footwear: SFI 3.3/5.
 - Open-bodied cars without SFI 3.3 neck collar:
 - Must use SFI 3.3 head sock or skirted helmet.